

By popular demand! Spring 2023! Adult Acting & Art of Communicating! For ages 18+

Course Description:

An introduction to basic acting and exploration of voice, movement, speech, storytelling, relationship building+. Students will build confidence through creative expression with improvisation, theatre games, activities to become more effective communicators in all aspects of workplace and personal life.

- Students will gain tools and strategies to communicate with people more effectively.
- Become more confident in their own body through body language.
- Relieve stress and tension through creative expression.
- Become more emotionally intelligent and empathetic.
- Make new friends in a positive, dynamic fun environment.
- No experience necessary, just a willingness to explore!

7 Week Workshop offered: THURSDAYS instructed by AiDa Founder: Kaime Sherman

DATES: April 20, 27, May 4, 11, 18, 25 and June 1st, 2023.

TIME: 6:30pm-8:30pm

PLACE: Churchill Clubhouse, 169 Cline Ave. North, Hamilton, ON

Registration Fee: \$250 (includes HST) Payments can be made by E-transfer to: aida.hamont@gmail.com

(Payment can be made in full, or a non-refundable deposit of \$50 to hold space in class and balance due April 1st, 2023)

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Preferred Pronoun	Birth Date
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